



Parent Packet 2024

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Welcome!

Thank you for joining us for the 2024 season! We look forward to instructing your child in the basics of football or cheer in the coming months. We are providing this packet to provide you with information on the coming season as well as important dates, events, fundraisers, and tips. Please be sure to read through this packet if you have any questions, you can contact us through our Facebook page or contact your team parent. Check out our new website! All information pertaining to schedules, field locations, scores and so much more can be found on our website: <https://leagues.bluesombrero.com/whyfo>

Concessions

Our organization relies on parent involvement. Our player and cheer parents assist our board members throughout the season with our concession stand. Parents will be provided mandatory concession dates and times at uniform pick up at the start of the season. A family member over the age of 16 must be present in the concession stand during this assigned time. In addition, Sign-Up Genius will be utilized for families to volunteer donations of baked good and crockpot meals for each home game which will be emailed to all families and posted to Facebook the week prior to home games. Players and cheerleaders will not be permitted in the concession stand.

Fundraising

Fundraising is our primary source of income for the organization. Every cent raised goes back into the program in some way. Our concession stand is our biggest fundraiser, and we are always looking for parents to volunteer their time. Keep an eye out for all our upcoming events, such as Spirit Gear, Mum sales, and more! If you are interested in donating to WHYFO, donations can be mailed to: Wayne Highlands Youth Football Organization - P.O. Box 164 Honesdale, PA 18431 OR PayPal 'whyfo1@yahoo.com'. Checks and Money Orders can be made to: WHYFO.

Communication Information

Stay in the know!

- Visit our website: <https://leagues.bluesombrero.com/whyfo> and if you haven't signed up for email alerts, please do so.
- Our Football teams are using the REMIND me app:
 - I- Team: Text to 81010 with @iteamsting
 - C-Team: Text 81010 with @cteamst
 - B- Team: Text 81010 with @bteamst
- Our cheer squads are using the GroupMe app:
 - I-Squad: https://groupme.com/join_group/87705892/nn1cU4H2
 - C- Squad: https://groupme.com/join_group/87705859/atRDlbCK
 - B- Squad: https://groupme.com/join_group/94587631/5cwuVTjd
 - A- Squad: https://groupme.com/join_group/87696758/hZs7bt84
- Check out our Facebook pages; WHYFO Stingers and Stinger Nation www.Facebook.com/WHYFOStingers
- Email: WHYFO1@yahoo.com
- Mailing address: PO Box 164 Honesdale, PA 18431

Meet the Board

President: Leslie Ann (570) 267-0708
Vice President: Lacy Freiermuth (570) 604-8543
Treasurer: Holly Spencer (570) 851 -8534
Secretary: Nicki Carlson (570) 351-4754
Football Commissioner: Joe Talarico (570) 507-4681
Cheer Coordinator: Heather Reining (570) 209-4147
Cheer Assistant: Cassandra Miller (570) 840-1874
Equipment Manager: Paul Miller (570) 401-6457
Concession Chair: Vacant
Fundraising Chair: Vacant
Public Relations Chair: Danielle Warnock (570) 878-0079

Code of Conduct



PARENT CODE OF CONDUCT

Parents should be encouraging good sportsmanship and support all players, coaches, officials, and other parents. All adults are expected to follow these rules.

- Refrain from the use of foul language or gestures towards players, coaches, officials and other parents.
- Refrain from using any kind of alcohol, drugs or tobacco at WHYFO and ACCJFL events.
- Remember that the practices and games are for the children, NOT the parents.
- Assist if needed or asked by any coach.
- Parents/spectators are not permitted on the playing field at practice or games. If staying for practice, please watch from a distance and do not interfere.
- Have your child at practice 15 minutes before the scheduled time and arrive 15 minutes before the end of practice in case the coach needs to speak with you.
- Concerns about child's safety or conduct of his/her coaches should be address to the WHYFO President via email WHYFO1@YAHOO.COM.
 - 24- Hour Rule- No parent should address a coach on the field for any reason.

Parents should acknowledge responsibility of the following:

- Transportation of my child(ren) to and from practices and games.
- Cleaning my child's uniform after each game and prior to returning it at the end of the season.
- Returning all uniforms and equipment loaned to my child(ren) by WHYFO in the condition in which I received it, to the best of my ability.
- Supervision of non-participating children. Keep children supervised and away from the field and/or school properties, such as school buses and fences. Children should not be playing in or around parking lots.
- WHYFO adheres to the ZERO TOLERANCE social media policy enforced by the ACCJFL.

Failure to adhere to the rules and requests outline within this parental code of conduct will result in the following actions taken against the parent/guardian/coaches:

1st Offense: Verbal warning.

2nd Offense: Written warning.

3rd Offense: Removed from practice/game.

4th Offense: Ban from all practices/games.

Good behavior and a positive attitude are crucial to assisting us in administering a quality program for your children.

ATHLETE'S CONDUCT: Athletes are expected to conduct themselves in a respectful manner on and off the field. Disrespect to any coach, adult, staff member, or other athlete will not be tolerated. All athletes are to remain in the designated area(s) under the supervision of a member of the coaching staff or guardian.

Football

GENERAL RULES: Only authorized personnel are allowed on the field during a game. That includes the sideline area. Parents are asked to watch the games from the stands. Decisions made by an official will be accepted as fair and called to the best of their ability. Players, cheerleaders, coaches, officials, or fans shall not be criticized verbally or by a gesture. Physical or verbal abuse **WILL NOT BE TOLERATED UNDER ANY CIRCUMSTANCES**. Participants or spectators that are unable to conduct themselves appropriately will be removed from the facility. Parents shall exhibit a demeanor of teamwork and respect at all times. Parents shall notify the coach if their child will be absent or late for any practice or game.

Snack: One to Two parents per team are required to provide a snack for the team per game. The snack should be healthy and something easy for them to grab and eat such as cut oranges, watermelon, etc. Please leave rinds on the fruit so fingers don't get sticky. Team parents will have a sign-up sheet. Please make sure your child/children have plenty of water for their games.

*If you have questions or concerns regarding the team or a coach, please speak to a board member. Please do not address the coaches directly. *

Cheer

GENERAL RULES: All squads will be attending the annual ACCJFL Cheerleading Competition, this is a MANDATORY competition. It is extremely important to attend all practices and games! If one person is missing it throws the entire squad off. Find the full welcome letter attached.

2024 ACCJFL Cheerleading Competition: Hosted by Delaware Valley Jr. Warriors
Where: 256 US-6 Milford, PA 18337 DV High School | **When:** Saturday, September 21st |
Rain or Shine

More information to follow as we get closer to competition day.

Heat Acclimation | Practice Schedule

Our season will begin on July 15th. Your children should be well hydrated prior to attending. The first five days of practice are NO CONTACT. Players need only cleats and helmets for days 1 & 2. Pads will be introduced to practice on days 3, 4, & 5. Players must complete the heat acclimation before any full-contact practices. Start of season: Behind HHS track- A/B/C squads/teams will have a two-hour practice and I squad/team will have 1 and a $\frac{1}{2}$ hour practice, Monday - Thursday. Practices will drop to three (3) days once school starts. Saturdays at coaches' discretion. Parents will be notified of practice times, cancellations and changes through Facebook and GroupMe/Remind.

Please be advised LOCATION and TIMES can change. You will be notified timely.

Game Schedule



2024

SATURDAY 8/10
 SUNDAY 8/18
 SATURDAY 8/24
 SATURDAY 8/31
 SATURDAY 9/7
 SATURDAY 9/14
 SATURDAY 9/21
 SUNDAY 9/22
 SATURDAY 9/28

VALLEY VIEW @ WHYFO
 WHYFO @ WALLENPAUPACK
 WHYFO @ ABINGTON SOUTH
 NORTH SCRANTON @ WHYFO
 WHYFO @ LACKAWANNA TRAIL
 OLD FORGE @ WHYFO
 ACCJFL CHEER COMPETITION @ DFL
 WEST SCRANTON @ WHYFO
 WHYFO @ WESTERN WAYNE

SATURDAY 10/5
 SUNDAY 10/6
 SUNDAY 10/13
 SUNDAY 10/20
 SUNDAY 10/27
 SUNDAY 11/3

I TEAM ALL STARS
 ROUND 1 DIVISIONAL PLAYOFFS
 ROUND 2 CONFERENCE SEMI-FINALS
 ROUND 3 CONFERENCE CHAMPIONSHIPS
 ACCJFL SUPER BOWL XXIV
 ACCJFL ANNUAL TOYS FOR TOTS GAMES



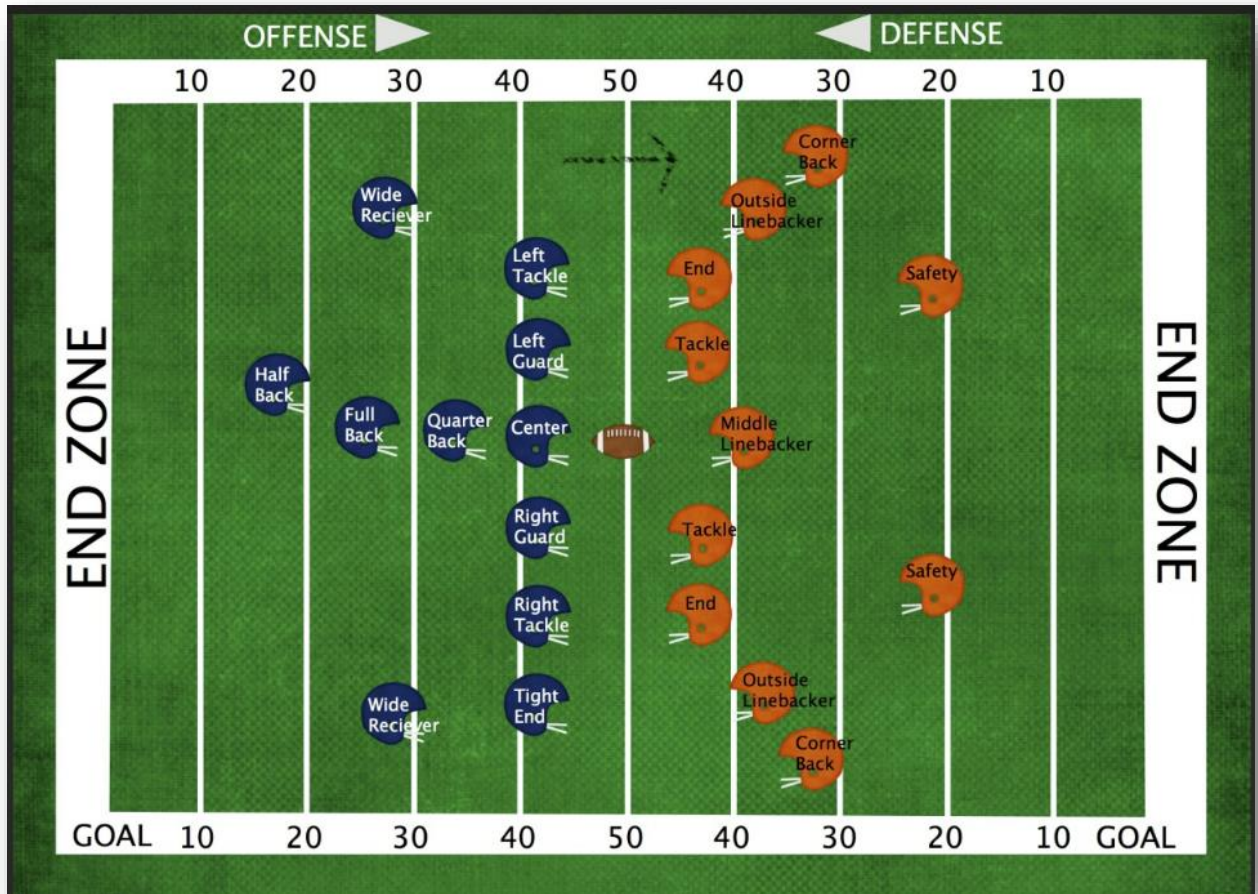
SATURDAY KICKOFF	SUNDAY KICKOFF	SAVE THE DATES
I TEAM 4:15 PM	I TEAM 11:45 AM	SCRIMMAGE 8/3
C TEAM 5:30 PM	C TEAM 1:00 PM	HOMECOMING TBA
B TEAM 6:45 PM	B TEAM 2:45 PM	PICTURES TBA












PARKING: There is no parking permitted on the fields. All parents/spectators are expected to sit in the bleachers or other sitting areas. During away games if there are no bleachers and only a field, there is no sitting/standing, setting up tents between the 25-25-yard lines. This is considered a 'box' for players and coaches only. No one other than the announcers or other permitted persons is allowed in the Announcer's box at home games.

RAIN: Games and practices are almost always held regardless of the weather. If it is raining and you are in doubt, please contact your coach.

Sponsor WHYFO

Game Tips



					
Holding	Penalty refused, incomplete pass, missed field goal, missed extra point	Pass interference	First down	Facemasking	
					
Time out	offside	Clipping	Touchdown, successful field goal, successful extra point	Personal foul	Illegal motion

A few key signals to remember when watching a game